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## PARTICIPATION OF MALE ASSEPTORS IN THE PROGRAM FAMILY PLANNING, KASUI DISTRICT, WAY KANAN REGENCY, LAMPUNG PROVINCE

by

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### ABSTRACT

*The National Family Planning Program is one of the programs to improve the quality of the population, the quality of human resources, health and social welfare which has so far been implemented through birth control, maturing the age of marriage, increasing family resilience and family welfare. The policy to increase the participation of men in family planning and reproductive health was only launched in the new era of family planning in 2000. The policy of increasing the participation of men in family planning is still relatively new so that the implementation in the field is still uneven. Some have implemented the policy, some have just been socialized and some have not been touched at all. One of the many targets that will be achieved by the family planning program in the long term in order to achieve quality families in 2021. The purpose of this study was to determine the participation of male acceptors in the family planning program. This research is a qualitative research which contains descriptive research and tends to use analysis. The results of this research will be published in national or international journals.*

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## 1. INTRODUCTION

Family planning programs are recognized by countries in the world that are able to make a major contribution to the development of the country's economy. The Family Planning Program is also believed to be one of the important instruments in boosting the problems that have been faced in all countries, which is none other than the population problem. In the plan to control the community and manage family planning, the government has established a Regional Population and Family Planning Board at the provincial, district and city levels to carry out tasks and functions that have a pragmatic relationship with the BKKBN (Article 54 paragraphs 1&2). In carrying out the roles and functions of the National Population and Family Planning Agency, it is clarified by the Presidential Decree No. 3 of 2013 concerning the Seventh Amendment to Presidential Decree No. 103 of 2001 concerning Positions, Duties, Functions, Authorities, Organizational Structures and Work Procedures of Non-Ministerial Government Agencies.

Family Planning is a program used to design a harmonious life or a family that is sakinah, mawaddah and warahmah. The Family Planning Program has a goal to complete the need for family planning services, reproductive health, minimize maternal and infant mortality due to pregnancy at a too young age or at a too old age or as a result of reproductive system diseases and suppress the population and balance the number of needs with the population in Indonesia. The policy to increase the participation of men in family planning and reproductive health was launched in the new era of family planning in 2000. The policy of the program to increase the participation of men in family planning is still relatively new so that the implementation in the field is still uneven. Some have implemented the policy, some have just been socialized and some have not been touched at all. One of the many targets that will be achieved by the Family Planning Program in the long term for the achievement of quality families by 2021, the

socialization of the Family Planning program to the community is an effort to increase male participation in family planning through advertisements posted by the media. television, youtube, and others with the slogan "Men with family planning are Cool", this was conveyed by the head of the BKKBN, namely Dr. (HC), Dr. Hasto Wardoyo, SpOG, (K), that male family planning is important for family planning and preventing stunting.

Way Kanan Regency is Regency located at the end of Lampung Province bordering South Sumatra Province. Way Kanan Regency was formed based on Law no. 12 of 1999 dated April 20, 1999 concerning the Establishment of Districts Way Kanan Level II Region, Regency Level II East Lampung and Metro City. The inauguration of Way Kanan Regency was carried out on 27 April 1999 which was marked by the inauguration of the Regent Officer by the Minister of Home Affairs in Jakarta. Based on this, on April 27, the establishment of Way Kanan Regency was established, and Way Kanan Regency is the capital of Way Kanan Regency. Several reasons to strengthen this statement are: 1) Strategic place because, located in the middle of Way Kanan Regency, so that it is easier to control all areas in Way Kanan Regency by the Regency Government. 2) Blambangan Umpu is a traffic lane and a railroad that leads to the cities of South Sumatra, Bengkulu and Lampung.

Umpu Semengkuk Subdistrict was inaugurated on September 20, 2020 and consists of 13 villages in it, namely: Kampung Negeri Baru, Kampung Negeri Inner, Gistang Village, Rambang Jaya Village, Bumi Putra Village, Panca Negeri Village, Sidoarjo Village, Bumi Ratu Village, Bratayudha Village, Sriwijaya Village, Ojolali Village, Inner Building Village, and Joyful Building Village. However, in the area of service for the Family Planning Program, Umpu Semengkuk Subdistrict, it has not yet been included in the Subdistrict Register, so it is still an integral part of Blambangan Umpu Subdistrict. Kasui District is one of the sub-districts located in Way Kanan Regency with an area of 124 km with a population in 2020 of 31,661 people. Kasui District, Way Kanan Regency is an area that is targeted by the National Family Planning Program. The implementation of the family planning program in this area has been implemented for a long time, but almost most of the family planning participants are women. Based on the background of the problems described, this research was formulated with the title "Participation of Male Acceptors in the Family Planning Program".

**2. RESEARCH METHOD**

This research is a descriptive qualitative research and tends to use analysis. Process and meaning are highlighted in this research. Qualitative research aims to explain phenomena in depth, qualitative research emphasizes, on the depth of data that can be obtained by researchers. While the results of this study are subjective so they cannot be generalized, using interviews and observation methods. Through this research, researchers will analyze the data obtained from the field in detail. Then, the research design that the researcher uses is as follows:

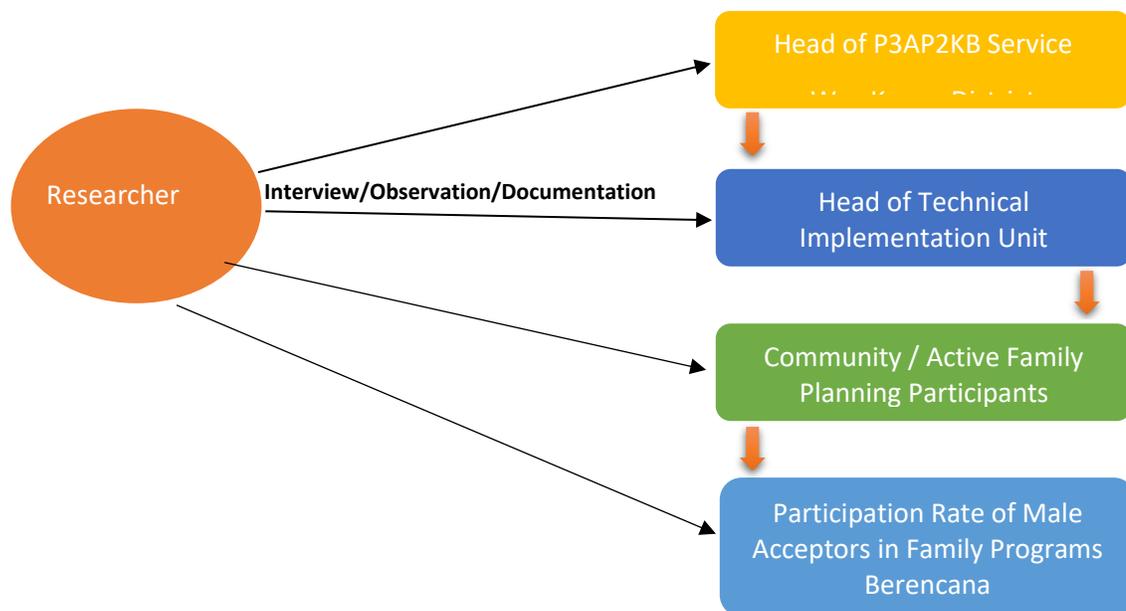


Figure 1. Research Design



The Family Planning Program is an effort to increase public awareness in realizing the vision and mission of the Family Planning program for 2 children; this is in accordance with Law no. 10 of 1992 concerning the Family Planning Program to form small, happy and prosperous families. In addition to contraception, the family planning program also includes information communication and education, sex education, and pre-marital consultation. Handayani (2010:15) Information Communication and Information Communication Education is a process, delivery of the program to the community with the aim of increasing knowledge and changing attitudes so as to achieve the addition of new participants. Hartanto (2004:45) Sex education is a way to reduce and prevent sexual abuse so as to prevent unwanted negative impacts, such as unplanned pregnancies, sexually transmitted diseases. Sex education is not only about sexual behavior but concerning other matters, such as the role of men and women in the association, the role of fathers, mothers and children in the family.

The focus of the research in this research is that the family planning program services in increasing male acceptors in Kasui District, Way Kanan Regency can be accepted and run well so as to achieve the desired goals. The subjects as targets in this study were the Head of the Technical Implementation Unit for Family Planning in Kasui District and Family Planning Extension Officers and the community as couples of childbearing age and active family planning participants in Kasui District, District Right Way. Sources of information used are primary data and secondary data. Primary data is the main which is obtained directly from the first hand in the field based on the results of observations and interviews. Secondary data are sources of data quoted from other sources in the form of literature documents, brochures, and essays by experts who are considered to have a relationship with the problem under study.

### **3. RESULTS AND ANALYSIS**

#### **A. Results**

Hermawan (2016) participation is an action taken jointly by the community in development, participating in development activities and participating in utilizing and feeling the results of development. Henryk (2013) provides details about participation as follows: Participation means that everything that is run together can be said to be a joint part to build a common future. a. Participation is like cooperation to achieve common goals among all citizens. b. Participation means giving our contribution or participation in a particular group of goals.

From the several forms of participation described above, the forms of participation can be classified into 2 types, namely the form of real participation (having a form) and participation that is not real (Abstract). And it can be concluded that the participation of men in the planning program is the participation of the community in the planning program so that many men become an acceptor in the planning program as an active family planning participant, with the increase in community participation in the family planning program, it is expected to increase male acceptors so that the realization of a family program in Kasui District, Way Kanan Regency.

Leo Agustino (Agustino, 2020) defines policy as an arrangement of activities proposed by a person, group or government in a certain environment where there are problems and opportunities for implementing policy ideas in order to achieve certain goals. James E. Enderson (Susilawati, 2021) explains that policy is an arrangement of actions that have a specific purpose that is followed and implemented by a person actor a group of actors in order to solve a particular problem. Solichin Abdul Wahab (Solichin, 2021) argues that the term policy itself is still subject to disagreement and describes the arena of debate by experts, so to understand policy,

Family Planning is a movement to form a healthy and happy household by participating in the Family Planning program which has the slogan "Two Children Are Enough", by using contraceptives to prevent pregnancy. The contraceptives commonly used are condoms, spirals, intrauterine devices, and others. The Family Planning Movement is defined as an effort to increase community awareness and participation through efforts to mature the age of marriage.

In Kasui District, male participation in the family program is said to be very minimal, this is certainly one of the targets in the planning program so that the sub-district population can develop. Efforts or steps taken to achieve the goals of the Family Planning Program are such as reducing the number of birth, delaying pregnancy by using contraception, and as reproductive welfare. For this reason, it is hoped that men will become one of the important acceptors so that a happy and prosperous family can be established.

Several types of contraception are good for preventing pregnancy that has been provided by the Family Planning Program, namely:

#### **a. IUD**

The IUD, which is commonly referred to as a spiral, is placed in a small T-shaped uterus containing copper elements. This type of IUD contraception has a success rate of up to 99.7%.

#### **b. Condom**

Condoms are contraceptives that are made of thin but very strong rubber. In addition to preventing pregnancy, condoms also function as a deterrent from diseases caused by intercourse with the opposite sex such as herpes and syphilis. Contraceptives such as condoms have an efficacy rate of up to 98% if used correctly.

c. Family Planning Pill

Family Planning Pill is a type of medicine that is small in size that works to affect the performance of the ovaries so as to prevent pregnancy. Family Planning Pills if taken regularly at the same time will be more effective. Family Planning Pills have an efficacy of up to 92-99%.

d. Family Planning Injections

Family Planning Injections are hormonal contraceptives that contain the hormone progesterone (progestin) this hormone is similar to the natural female hormone, namely progesterone which can stop ovulation, based on the duration of the injection. Compared to injection 3 months of family planning injections of 1 month of family planning do not have much impact on the menstrual cycle so that users can still menstruate regularly, besides that fertility levels can return to normal in a fast period of 3 months after being separated from family planning injections. This injectable type of contraception has a 94% success rate when used properly.

e. Female Surgery Method

The Women's Operation Method is an act of binding the channel which is carried out on the person concerned steadily and voluntarily. Type of contraception is permanent.

f. Male Surgery Method Male Surgery Method is an act of severing the male seed canal which is carried out on a person concerned steadily and voluntarily. Type of contraception is permanent.

In 2000, the government explicitly made various efforts to increase the participation of men in family planning and production health. This is also stated in the targets of the 2004-2009 Medium Term Development Plan, which explains that male participation is one of the indicators of the success of the Family Planning program in making a stated contribution to creating quality small families.

## **B. Analysis**

After conducting research through interviews and observations, it is known that according to Mr. Jodhy, there is very few male participation problems in Kasui District from the past until now, the total number of men who have vasectomy is only about 73 people out of 5,414 fertile couples in Kasui District. . Various efforts have been made, but have not been able to increase the number of male acceptors in Kasui District, which is only estimated at 2% of the total number of acceptors in Kasui District. This problem is caused by the number of women or wives who do not give permission to their husbands to carry out Family Planning with the Male Operational Method (MOP) or condoms, because they are afraid of the side effects that may arise including:

a. Men are easier to cheat on.

b. Wives are afraid that their husbands won't get an erection.

c. Fear of disturbing the quality of husband and wife relationships.

Mr. Rico Gusri Haryanto as Head of the Technical Implementation Unit for Family Planning in Kasui District, said that the Family Planning Program in Kasui District has been going well so far, it's just that it is difficult to increase the participation or interest of men in family planning. This problem does not only occur in Kasui District, but occurs throughout Indonesia. The obstacles to the participation of male acceptors in Kasui District are: 1) Husbands/Men are ashamed to have family planning, because women who give birth to family planning must also be women. 2) Husbands/Men are afraid if they have to do the male surgery method (MOP). 3) There was no male audience/community present when the officers carried out the socialization of the Family Planning Program to the community, so that the public did not understand the benefits that could be obtained when performing the MOP male surgical method. 4) The mindset of the community that has existed for a long time is that many children have a lot of sustenance, so they are not interested in carrying out the Family Planning program. Whereas in terms of distribution, the Office of Women's Empowerment, Child Protection, Population Control and Family Planning in Way Kanan Regency is a sector in the distribution of contraceptives in Way Kanan Regency, and the stages of distributing contraceptives are regulated in the Standard Operating Procedures that have been issued. set. The following table shows the distribution of contraceptives:

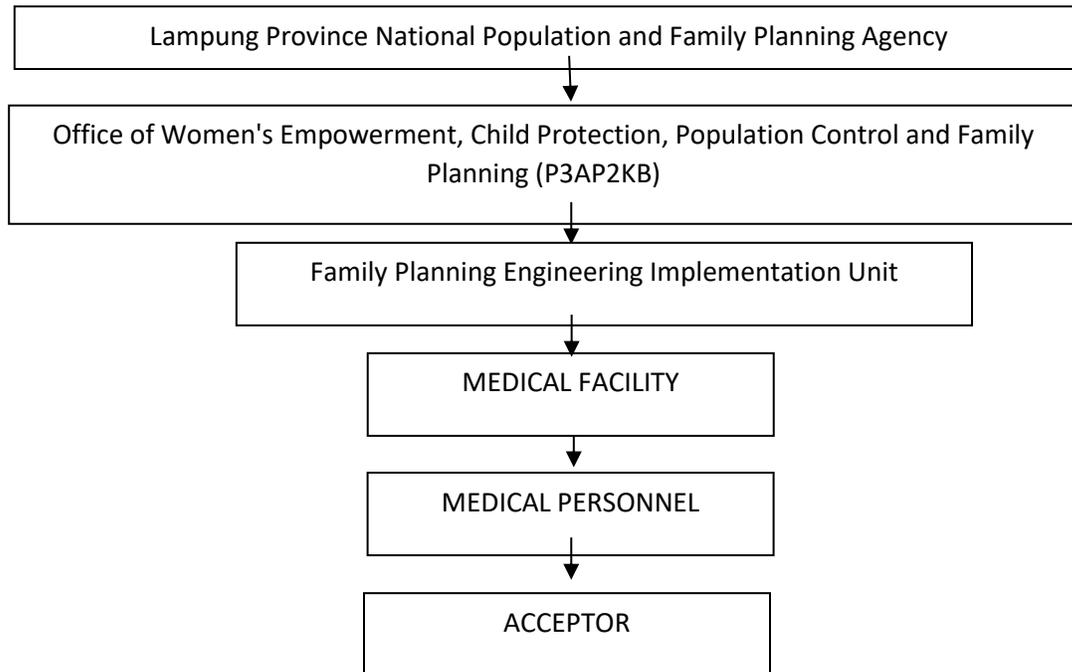


Figure 2. Standard Operating Procedures

1. Activities carried out by the government to carry out the Family Planning program

The Family Planning Village was formed as a strategy to carry out the Family Planning program at the village level. Family Planning was launched by Mr. The President of the Republic of Indonesia, namely Mr. Ir. Joko Widodo in January 2016, with the following background:

- a. To improve the quality of life of the community at the village level through the Population, Family Planning and Family Development programs.
- b. Strengthening Population, Family Planning and Family Development Programs that are held and managed for the community.
- c. Lifting and re-increasing the motivation of the community in the Family Planning program in order to meet the achievement of the demographic bonus which is predicted to occur in 2010-2030.
- d. Family Planning Village Target.

The targets of implementing Family Planning village activities include subjects and objects in implementing Family Planning village operational activities other than families, couples of childbearing age, and youth. Meanwhile, sectoral targets are adjusted to the field whose implementation is the Village Head/Lurah, Head of the Neighborhood Association, Residents Association, Motor Vehicle Tax, Field Officers related to the sector, Team for Empowerment and Family Welfare of Community Institution Cadres.

2. The Purpose of Establishing a Family Planning Village

With the establishment of the Family Planning Village, it is hoped that later the implementation of the Population Program, Family Planning and Family Development and other development programs can be carried out in an integrated and concurrent manner. This is in accordance with the instructions contained in the development priority agenda, especially the 3rd priority agenda, namely "Starting development". by strengthening in rural areas within the framework of the Unitary State". Therefore, development is carried out earlier in outlying areas such as villages or villages.

No	TYPE OF ALCONS	NUMBER OF ACCEPTERS	
		YEAR 2019	YEAR 2020
1	Inject	20.782	23.561
2	Family Planning Pill	16.919	17.815
3	Condom	3.953	2.143
4	Implant	24.430	25.089
5	intrauterine device (IUD)	8.955	8.090
6	Female Surgery Method (MOW)	1.180	1.207
	male surgical method (MOP)	908	917
<b>TOTAL</b>		<b>77.127</b>	<b>78.822</b>

In carrying out the implementation of the family planning program, of course, there are factors that influence the success of a policy implementation including:

a. Communication

Communication is the most important thing to consider when you want to convey or run a program that includes the community, because communication can affect the good or bad of a program. In this case, an explanation was obtained from Mr. Firdaus that so far communication between family planning service officers and the community has gone well, both during meetings, meetings and in certain forums. However, this explanation is contrary to the explanation given by one of the community, it was found that the call for the use of male acceptors was not very voiced, this could be said only once in several meetings.

b. Resource

Resources are an important role in influencing the success of a program policy that is being implemented. In this case, the researcher received an explanation of the Human Resources that was conveyed by Mr. Firdaus, it was found that the Human Resources owned by the Office of Women's Empowerment, Child Protection, Population Control and Family Planning are sufficiently competent and competent in their fields.

c. Disposition

Disposition can be interpreted as a position or position that needs to be considered for the success of a policy implementation. So far, the service officers who are in the Family Planning Extension who carry out their duties to the community are in accordance with the existing tupoksi. And so far there is no obstacle or problem even though the Human Resources are lacking. However, the head of the Kasui District Family Planning Technical Implementation Unit was able to carry out his duties well.

Based on the research results, it is known that the Family Planning Program in Way Kanan Regency is running in accordance with the main tasks of the Regional Government. This can be clarified by looking at the annual development of family planning acceptors in Way Kanan Regency.

## CONCLUSION

Based on the results of the research that has been described above, it can be concluded that:

- The number of acceptors' participation in Kasui District has not increased in accordance with what is expected, this happens because of the understanding of the community who are still afraid to carry out the method of using contraceptives, either from each individual or from his wife, so as to increase the number of male acceptors. Men are problems that are not easy to solve.
- The absence of special efforts from the government, only carrying out activities in the family program, this does not guarantee to increase the number of male acceptors.

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